

Form submission from: Content Review Form

1 message

AKH CME via AKH CME <service@akhcme.com>

Mon, Aug 3, 2026 at 7:42 AM

Reply-To: service@akhcme.com

To: bethany@akhcme.com

Submitted on Monday, August 3, 2026 - 7:42am

Submitted by anonymous user: 104.22.101.114

Submitted values are:

Title of activity: High Standards vs. High Stakes in Sport: How OCD Hijacks Performance and How Treatment Restores it

AKH Activity Number: 260064-L8

Collaborators (JP Name): Anxiety Institute

Commercial Supporter(s): (If none, list N/A): n/a

Date of Activity:

Credit(s) Provided:

- APA

- ASWB

Reviewer: Donna Purcell, PhD

Project Manager: Bethany Shiflett

Are recommendations for patient care based on current science, evidence, and clinical reasoning, while giving a fair and balanced view of diagnostic and therapeutic options? [Standards for Integrity and Independence 1.1]: Yes

Comments:

Does all scientific research referred to, reported, or used in this educational activity in support or justification of a patient care recommendation conform to the generally accepted standards of experimental design, data collection, analysis, and interpretation? [Standards for Integrity and Independence 1.2]: Yes

Comments:

Are new and evolving topics for which there is a lower (or absent) evidence base, clearly identified as such within the education and individual presentations? [Standards for Integrity and Independence 1.3]: Yes

Comments:

Does the educational activity avoid advocating for, or promoting, practices that are not, or not yet, adequately based on current science, evidence, and clinical reasoning? [Standards for Integrity and Independence 1.3]: Yes

Comments:

Does the activity exclude any advocacy for, or promotion of, unscientific approaches to diagnosis or therapy, or recommendations, treatment, or manners of practicing healthcare that are determined to have risks or dangers that outweigh the benefits or are known to be ineffective in the treatment of patients? [Standards for Integrity and Independence 1.4]: Yes

Comments:

Are the questions related to the objectives? N/A

Any recommended modifications to questions? N/A

Provide recommendation:

ABMS/ACGME - Please check the competencies that apply.:

- Patient Care and Procedural Skills

- Practice-based Learning and Improvement

Institute of Medicine - Please check the competencies that apply.: Provide patient-centered care

Interprofessional Education Collaborative - Please check the competencies that apply.: Roles/Responsibilities

Other Competencies - Please list additional competencies that apply.:

Is activity at least one hour in length? Yes

Comments:

Is there at least one LO for each session (if multiple sessions)? Yes

Comments:

Does this activity meet the criteria for continuing education? Yes

Comments:

Is the content well balanced and free from bias? Yes

Comments:

Are the references current and reliable? Yes

Comments:

Is there discussion of unlabeled use of drugs? No

Comments:

Do you recommend this activity be monitored for potential bias? No

Comments:

Does this activity contain content for Interprofessional Continuing Education? Yes

Comments:

The results of this submission may be viewed at:

<https://akhcme.com/node/1628/submission/19102>